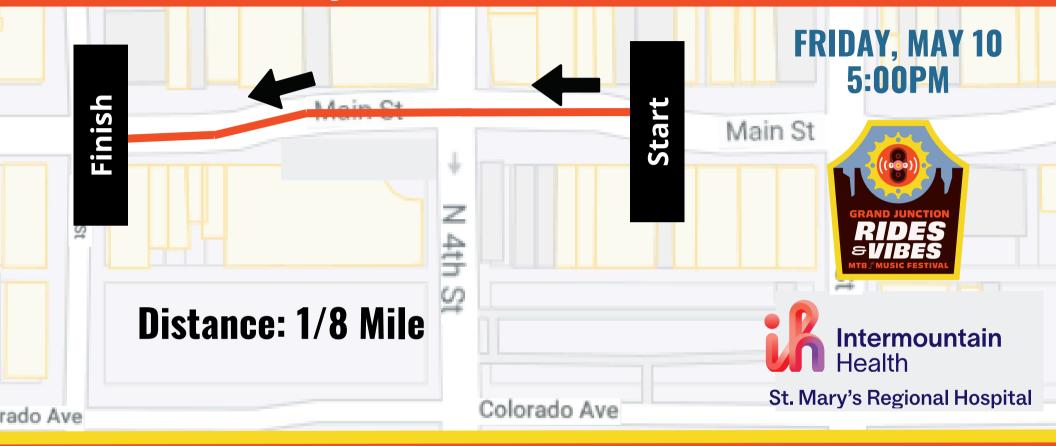
RIDES & VIBES - KIDS RIDE WITH A DOCTOR

with **Rocky Mountain Orthopedic** physicians



GREAT FOR RIDERS WHO:

- Frequently but their feet down for stability
- Have difficulty turning
- Have difficulty starting and stopping on their own without falling
- Drag their feet to stop rather than using brakes
- Take their feet off the pedals well before coming to a stop

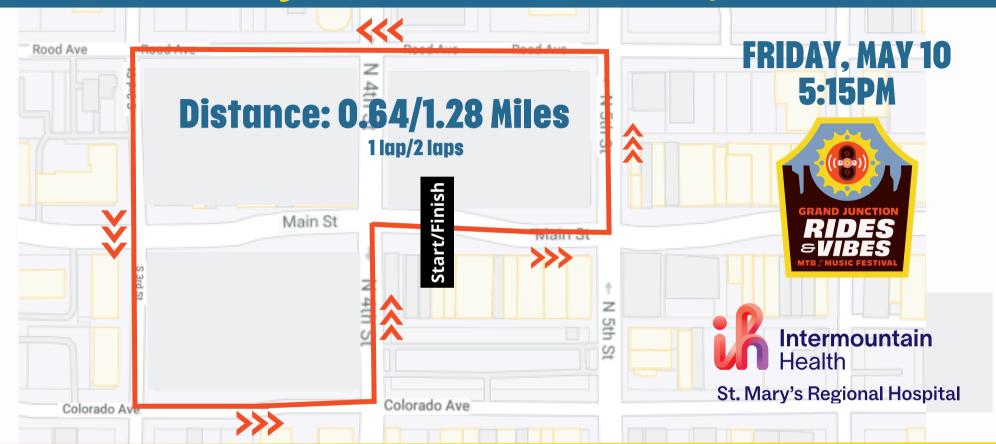
LEVEL 1 KIDS 1/8 Mile (Striders/toddlers)

St. Mary's Hospital and Rocky Mountain Orthopedics will provide medical professionals to participate with all children. Course is closed to traffic.

Event is FREE, no registration needed. Legal guardians must sign a waiver prior to event start.

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GREAT FOR RIDERS WHO:

- Start and stop independently
- Use brakes to slow and stop
- May be hesitant or fearful about riding
- May not have stamina, interest, or focus for longer rides
- Are able to balance without training wheels or other assistance
- Steer, avoid obvious obstacles, and ride straight without swerving

0.64/1.28 Miles(Young riders/no assistance needed)

St. Mary's Hospital and Rocky Mountain Orthopedics will provide medical professionals to participate with all children. Course is closed to traffic.

> **Event is FREE, no registration needed.** Legal guardians must sign a waiver