

PRO CRIT RACE RULES

PRESENTED BY:



St. Mary's Regional Hospital



- A DNS in the Crit on Friday will result in a 5-minute time penalty added to Saturday's time. The time penalty will be assessed at the finish line as an additional 5 minutes to overall time.
- The race will be 20 minutes plus two laps. Sign will be held up at the Start/Finish line notifying two laps to go. Bell will ring on the final lap.
- Lapped or substantially gapped riders will be pulled.
- Tires must have a minimum width of 1.5" or 38mm. Width is as measured, not as may be stated by the manufacturer on the tire.
- Number plates must be displayed on front of the bike
- Helmets must be worn and fastened while on the course.
- Ends of handlebars must be plugged.
- No bar ends, or drop bars allowed.
- Bicycles must be powered solely by the rider. No outside energy source is to be used... other than gravity.
- The course will be closed to autos and non-participating riders.
- The course will open 30 minutes prior to the Women's start for warmups for both Women and Men.
- Race Director will notify of any cautions on course.

